

Oral Health for Overall Health In the Older Adult Population



NH Policy Summit: Advancing Oral Health Service for New Hampshire's
Seniors and Institutionalized Individuals
March 4, 2017

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North Country Health Consortium

“...To lead innovative collaboration to improve the health status of the region”

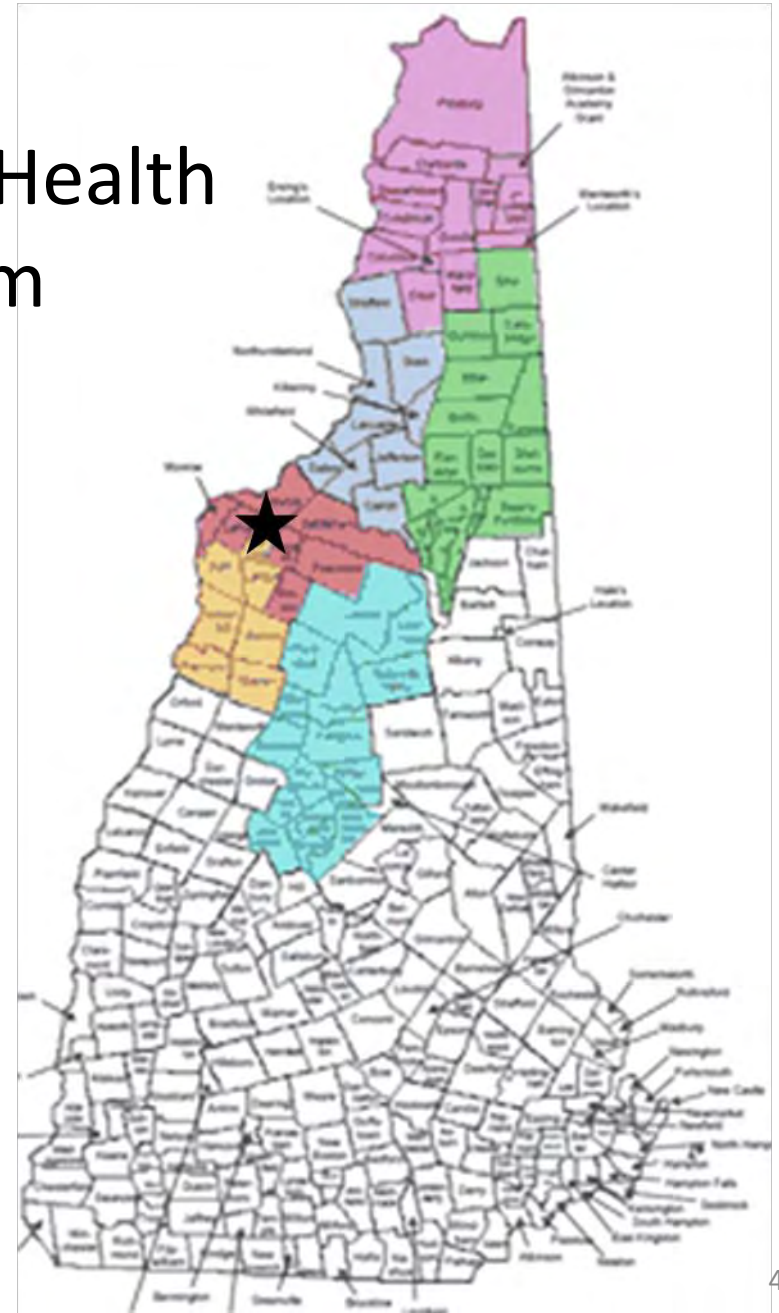
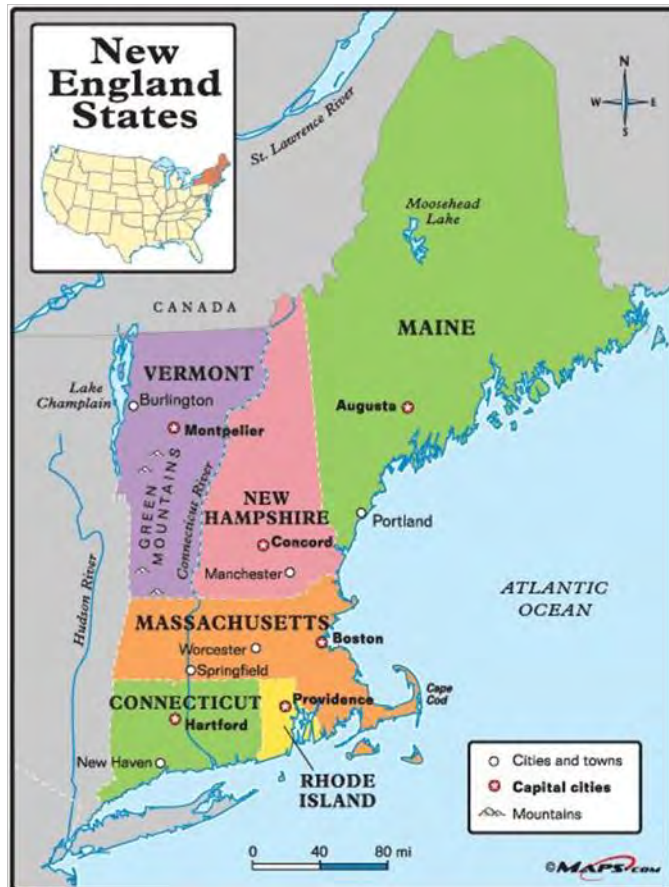
PROGRAMS AREAS:

- Community and Public Health
- Substance Use Disorder Prevention & Continuum of Care
- **Oral Health**
- Health Care Quality Improvement and Practice Transformation
- Healthcare Workforce Development – Northern New Hampshire Area Health Education Center (AHEC)
- Integrated Delivery Network

Network Member Organizations

- **5 Critical Access Hospitals**
- **4 Federally Qualified Health Centers**
- **Regional Community Mental Health Center**
 - **2 Home Health Agencies**
 - **1 Long-term Facility**
 - **County Administration**
- **Regional Community Action Programs**
 - **Emergency Medical Services**
 - **Other Social Service Agencies**

North Country Health Consortium





***The Molar Express is a non-profit
public health
portable dental clinic***

***Our services include: Exams,
Cleanings, Fluoride Varnish, X-rays,
Fillings, Sealants, Extractions and
Oral Health Education***

*State of the art portable dental equipment allows us to
set up a professional and safe dental clinic in schools,
nursing homes, and more.*



K-12
SCHOOLS



NURSING
HOMES



SENIOR
CENTERS



**NORTH COUNTRY
HEALTH CONSORTIUM**

Molar Express



Portable Dental Equipment



Transportation for our 2 mobile dental units and 3 staff members



Much easier than riding an elephant



Kayla Ramsay, CDA
Annette Cole, CPHDH
Dr. Jeffrey Williams
Francine Morgan, Program Director





Rural Health Care Services Outreach Program

KEY OBJECTIVE:

Expand Molar Express services to provide preventive and diagnostic oral health care for seniors who participate in programs in Northern Grafton County Senior Centers



WHO?

Seniors (age 60+) in 5 Senior Centers from Grafton County Senior Citizens Council

WHAT?

Screen (Exam, X-ray)
Intervene (Treatment Plan, Cleaning, Filling)
Referral to Dental Home

North Country Demographics

Indicator	North Country	New Hampshire	United States
65+ population	20%	14%	15%
High school graduate or higher	87%	92%	86%
Bachelor's degree or higher	18%	34%	29%
Median household income	\$41,985	\$64,916	\$53,046
Population 18-64 at or below 100% FPL	12%	8%	13%
Population 65+ at or below FPL	10%	6%	9%



Rural Health Care Services Outreach Program



HOW

- Relationship with Senior Center Activities Directors
- Health Fairs and Education to build trust
- Registration form, medical release permissions
- Assess health and safety
- Provide initial service
- Coordinate care to Federally Qualified Health Center: Dental Program

CHALLENGE



- Asking for help
- No insurance
- Relationship with previous dentist
- Years since last dental care
- Education re: Oral Health (even without teeth)
- Memory/Comprehension
- Transportation
- Transitions of care from Molar Express to Dental Home



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